

RECORDS Eden LC Records

LC Meters-Women

8 & U	50	Free	37.77	7-Oct-22	ROA- ED	Keyla Douglas at 41st Freda Barnard Invitational Gala
	100	Free	1:25.18	15-Jun-24	ROA- ED	SCARLETT MAC DONALD at PEA Winter Gala 2024
	200	Free	3:12.04	15-Jun-24	ROA- ED	SCARLETT MAC DONALD at PEA Winter Gala 2024
	400	Free	6:19.65	2-Nov-24	ROA- ED	SCARLETT MAC DONALD at EDEN 2nd A-League Gala 2024 Schools Trials
	800	Free	30:00.00	30-Apr-06		Dummy
	1500	Free	40:00.00	30-Apr-06		Dummy
	50	Back	45.60	3-Nov-12	KNYS- SW	AIMEE L. CANNY at 31st Freda Barnard Invitational Gala
	100	Back	1:37.93	15-Jun-24	ROA- ED	SCARLETT MAC DONALD at PEA Winter Gala 2024
	200	Back	3:26.49	2-Nov-24	ROA- ED	SCARLETT MAC DONALD at EDEN 2nd A-League Gala 2024 Schools Trials
	50	Breast	51.79	5-Dec-08	FLIP- SW	ULRICKE JANSE VAN VUUREN at SWD Championships
	100	Breast	1:50.66	5-Dec-08	FLIP- SW	ULRICKE JANSE VAN VUUREN at SWD Championships
	200	Breast	4:04.76	2-Nov-24	ROA- ED	SCARLETT MAC DONALD at EDEN 2nd A-League Gala 2024 Schools Trials
	50	Fly	45.51	28-Mar-09	FISH- SW	FRANCES D. HERHOLDT at Telkom SA Nationals Level 1 Champs Cape Town
	100	Fly	2:01.50	5-Dec-08	FISH- SW	FRANCES D. HERHOLDT at SWD Championships
	200	Fly	10:00.00	30-Apr-06		Dummy
	200	IM	3:36.07	2-Nov-24	ROA- ED	SCARLETT MAC DONALD at EDEN 2nd A-League Gala 2024 Schools Trials
	400	IM	10:00.00	30-Apr-06		Dummy
9-9	50	Free	33.81	9-Feb-24	FISH- ED	ELKE M. COETSEE at Infinity Gala 2024
	100	Free	1:14.92	9-Feb-24	FISH- ED	ELKE M. COETSEE at Infinity Gala 2024
	200	Free	2:46.07	9-Oct-25	WAC- EDD	Scarlett Mac Donald at 44th Freda Barnard Invitational Gala
	400	Free	5:44.14	9-Oct-25	WAC- EDD	Scarlett Mac Donald at 44th Freda Barnard Invitational Gala
	800	Free	13:33.06	16-Jan-10	FISH- SW	Frances D. Herholdt at SWD 5th A League
	1500	Free	40:00.00	30-Apr-06		Dummy
	50	Back	40.55	21-Jan-12	SWD- SW	KIRSTEN BARBOUR at Inter Provincial Gala
	100	Back	1:29.63	9-Oct-25	WAC- EDD	Scarlett Mac Donald at 44th Freda Barnard Invitational Gala
	200	Back	3:11.83	9-Oct-25	WAC- EDD	Scarlett Mac Donald at 44th Freda Barnard Invitational Gala
	50	Breast	46.00	12-Oct-13	KNYS- SW	AIMEE L. CANNY at SWD 1st A League Gala
	100	Breast	1:45.25	20-Jan-24	FISH- ED	ELKE M. COETSEE at EDEN 4th A-League Gala 2024
	200	Breast	3:40.69	9-Feb-24	FISH- ED	ELKE M. COETSEE at Infinity Gala 2024
	50	Fly	38.66	10-Jan-26	EDEN- EDD	Misha Meyer at NMBA INTER-DISTRICT PRESTIGE CHAMPS 2026
	100	Fly	1:43.11	10-Jan-26	EDEN- EDD	Misha Meyer at NMBA INTER-DISTRICT PRESTIGE CHAMPS 2026
	200	Fly	4:18.97	22-Nov-25	FISH- EDD	Misha Meyer at Eden LC Champs 2025
	200	IM	3:12.67	9-Oct-25	WAC- EDD	Scarlett Mac Donald at 44th Freda Barnard Invitational Gala
	400	IM	7:38.28	21-Nov-09	FLIP- SW	ULRICKE JANSE VAN VUUREN at SWD 4th A League
10-10	50	Free	31.41	31-Oct-14	KNYS- SW	AIMEE L. CANNY at Freda Barnard Gala
	100	Free	1:09.39	28-Mar-14	KNYS- SW	AIMEE L. CANNY at SA Level 1 Regional Age Group Champs 2014-EL
	200	Free	2:36.09	1-Oct-26	WAC- EDD	Scarlett Mac Donald at 45 th Freda Barnard Invitational Gala
	400	Free	5:25.92	1-Oct-26	WAC- EDD	Scarlett Mac Donald at 45 th Freda Barnard Invitational Gala
	800	Free	11:12.34	1-Oct-26	WAC- EDD	Scarlett Mac Donald at 45 th Freda Barnard Invitational Gala
	1500	Free	29:11.09	26-Jan-13	KNYS- SW	SOPHIA F. TROLLIP at 5th SWD A-League Gala
	50	Back	35.22	20-Mar-25	FISH- EDD	ELKE M. COETSEE at SA Level 3 Regional Age Group Champs 2025-WC
	100	Back	1:16.51	20-Mar-25	FISH- EDD	ELKE M. COETSEE at SA Level 3 Regional Age Group Champs 2025-WC
	200	Back	2:53.51	21-Jun-13	FISH- SW	TRISHA POLLICUTTE at PEA Winter Gala 2013
	50	Breast	40.42	20-Mar-25	FISH- EDD	ELKE M. COETSEE at SA Level 3 Regional Age Group Champs 2025-WC
	100	Breast	1:26.31	28-Mar-14	KNYS- SW	AIMEE L. CANNY at SA Level 1 Regional Age Group Champs 2014-EL
	200	Breast	3:11.43	21-Jun-13	FISH- SW	TRISHA POLLICUTTE at PEA Winter Gala 2013
	50	Fly	34.88	31-Oct-14	KNYS- SW	AIMEE L. CANNY at Freda Barnard Gala
	100	Fly	1:23.60	5-Apr-13	FISH- SW	TRISHA POLLICUTTE at SA Level 1 Regional Age Group Champs 2013-SWD
	200	Fly	2:00.00	30-Apr-06		Dummy
	200	IM	2:52.73	31-Oct-14	KNYS- SW	AIMEE L. CANNY at Freda Barnard Gala
	400	IM	7:00.25	19-Feb-11	FLIP- SW	ULRICKE JANSE VAN VUUREN at 6th A-League - 19Feb2011

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11-11	50	Free	28.95	9-Feb-24	FISH- ED	ISABEAU L. COETSEE at Infinity Gala 2024
	100	Free	1:05.06	9-Feb-24	FISH- ED	ISABEAU L. COETSEE at Infinity Gala 2024
	200	Free	2:23.53	19-Mar-15	KNYS- SW	AIMEE L. CANNY at SA Level 2 Regional Age Group Champs 2015-BOR
	400	Free	5:10.53	19-Mar-15	KNYS- SW	AIMEE L. CANNY at SA Level 2 Regional Age Group Champs 2015-BOR
	800	Free	11:06.30	21-Nov-09	FISH- SW	IANThé VAN DER WESTHUIZEN at SWD 4th A League
	1500	Free	21:17.13	22-Feb-14	FISH- SW	TRISHA POLLICUTTE at SWD 6TH A LEAGUE GALA
	50	Back	19.04	19-Nov-21	FISH- ED	HANNAH DE NECKER at Eden LC Champs 2021
	100	Back	1:12.57	4-Dec-25	FISH- EDD	ELKE M. COETSEE at Western Cape LC-A Championship 2025
	200	Back	2:40.00	4-Dec-25	FISH- EDD	ELKE M. COETSEE at Western Cape LC-A Championship 2025
	50	Breast	37.73	19-Mar-15	KNYS- SW	AIMEE L. CANNY at SA Level 2 Regional Age Group Champs 2015-BOR
	100	Breast	1:22.85	19-Mar-15	KNYS- SW	AIMEE L. CANNY at SA Level 2 Regional Age Group Champs 2015-BOR
	200	Breast	2:59.50	19-Mar-15	KNYS- SW	AIMEE L. CANNY at SA Level 2 Regional Age Group Champs 2015-BOR
	50	Fly	32.69	9-Feb-24	FISH- ED	ISABEAU L. COETSEE at Infinity Gala 2024
	100	Fly	1:18.00	19-Jan-13	SWD- SW	LUNé VD WESTHUIZEN at Inter Provincial Gala
	200	Fly	3:07.09	22-Feb-14	FISH- SW	TRISHA POLLICUTTE at SWD 6TH A LEAGUE GALA
	200	IM	2:47.27	18-Jul-14	FISH- SW	TRISHA POLLICUTTE at WPA WINTER CHAMPIONSHIPS
	400	IM	6:19.17	11-Dec-09	FISH- SW	IANThé VAN DER WESTHUIZEN at SWD LC Champs 2009
12-12	50	Free	28.76	5-Dec-24	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2024
	100	Free	1:02.32	5-Dec-24	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2024
	200	Free	2:15.06	5-Dec-24	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2024
	400	Free	4:48.45	18-Mar-11	FISH- SW	IANThé VD WESTHUIZEN at Telkom SA Level 3 National Champs Durban 20
	800	Free	10:28.65	10-Feb-23	ROA- ED	Arabelle Grütter at Infinity Gala 2023
	1500	Free	19:49.06	21-Mar-23	ROA- ED	Arabelle Grütter at SA National Junior Age Group Champs-KZN 2023
	50	Back	31.70	5-Dec-24	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2024
	100	Back	1:08.32	31-Jan-25	FISH- EDD	ISABEAU L. COETSEE at Infinity Gala 2025
	200	Back	2:40.92	12-Mar-15	FISH- SW	KIRSTEN BARBOUR at SA Level 3 National Age Group Champs 2015-PE
	50	Breast	35.54	4-Nov-16	KNYD- ED	Aimee Canny at Freda Barnard Gala 35
	100	Breast	1:18.94	4-Nov-16	KNYD- ED	Aimee Canny at Freda Barnard Gala 35
	200	Breast	2:53.41	18-Mar-16	KNYD- ED	Aimee Canny at SA Level 3 National Age Group Champs 2016-PE
	50	Fly	29.78	5-Dec-24	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2024
	100	Fly	1:08.77	5-Dec-24	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2024
	200	Fly	2:58.70	27-Nov-10	FISH- SW	IANThé VD WESTHUIZEN at 4th A-League 2010
	200	IM	2:36.81	5-Dec-24	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2024
	400	IM	6:00.34	27-Nov-10	FISH- SW	IANThé VD WESTHUIZEN at 4th A-League 2010
13-13	50	Free	27.37	17-Mar-17	KNYD- ED	Aimee Canny at SA National JNR Age Group Champs 2017-KZN
	100	Free	59.34	17-Mar-17	KNYD- ED	Aimee Canny at SA National JNR Age Group Champs 2017-KZN
	200	Free	2:12.94	15-Mar-24	ROA- ED	Arabelle Grütter at SA National Junior Age Group Champs-KZN 2024
	400	Free	4:47.80	15-Mar-24	ROA- ED	Arabelle Grütter at SA National Junior Age Group Champs-KZN 2024
	800	Free	10:04.22	15-Mar-24	ROA- ED	Arabelle Grütter at SA National Junior Age Group Champs-KZN 2024
	1500	Free	19:10.98	9-Feb-24	ROA- ED	Arabelle Grütter at Infinity Gala 2024
	50	Back	29.73	10-Jan-26	EDEN- EDD	ISABEAU L. COETSEE at NMBA INTER-DISTRICT PRESTIGE CHAMPS 2026
	100	Back	1:04.46	10-Jan-26	EDEN- EDD	ISABEAU L. COETSEE at NMBA INTER-DISTRICT PRESTIGE CHAMPS 2026
	200	Back	2:22.11	4-Dec-25	FISH- EDD	ISABEAU L. COETSEE at Western Cape LC-A Championship 2025
	50	Breast	33.76	3-Apr-17	WCA- CP	Aimee Canny at Sa National Aquatic Championship 2017 Durban
	100	Breast	1:15.55	7-Jan-17	EDD- SW	Aimee Canny at EDEN INTERPROVINCIAL 2017
	200	Breast	2:40.36	17-Mar-17	KNYD- ED	Aimee Canny at SA National JNR Age Group Champs 2017-KZN
	50	Fly	29.38	25-Apr-25	FISH- EDD	ISABEAU L. COETSEE at SA National Junior Age Group Champs-WCA 2025
	100	Fly	1:05.55	10-Jan-26	EDEN- EDD	ISABEAU L. COETSEE at NMBA INTER-DISTRICT PRESTIGE CHAMPS 2026
	200	Fly	2:44.88	1-Oct-11	KNYS- SW	IANThé VD WESTHUIZEN at Aquabear Invitational Meet
	200	IM	2:31.38	25-Apr-25	FISH- EDD	ISABEAU L. COETSEE at SA National Junior Age Group Champs-WCA 2025
	400	IM	5:35.22	25-Oct-25	FISH- EDD	ISABEAU L. COETSEE at EDEN 2nd A-League Gala 2025 Schools Trials
14-14	50	Free	26.43	23-Apr-18	KNYD- ED	Aimee Canny at Sa National Aquatic Championship 2018-PE
	100	Free	57.00	23-Apr-18	KNYD- ED	Aimee Canny at Sa National Aquatic Championship 2018-PE

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14-14	200	Free	2:07.42	21-Mar-18	KNYD- ED	Aimee Canny at SA National JNR Age Group Champs 2018-KZN
	400	Free	4:37.67	4-Oct-18	KNYD- ED	Aimee Canny at Aquabear Invitational Meet
	800	Free	9:55.40	16-Mar-12	FISH- SW	EMMA KIELY at SA Level 3 National Age Group Champs PE 2012
	1500	Free	19:18.91	25-Oct-25	WAC- EDD	Zané Grobler at EDEN 2nd A-League Gala 2025 Schools Trials
	50	Back	30.55	1-Oct-26	FISH- EDD	ISABEAU L. COETSEE at 45 th Freda Barnard Invitational Gala
	100	Back	1:09.82	7-Dec-21	FISH- ED	MELISSA KUUN at Western Cape LC-A Championship 2021
	200	Back	2:25.97	1-Oct-26	FISH- EDD	ISABEAU L. COETSEE at 45 th Freda Barnard Invitational Gala
	50	Breast	33.05	21-Mar-18	KNYD- ED	Aimee Canny at SA National JNR Age Group Champs 2018-KZN
	100	Breast	1:12.83	16-Feb-18	KNYD- ED	Aimee Canny at 2018 Grand Prix Invitational Swimming Meet-CT
	200	Breast	2:41.85	4-Oct-18	KNYD- ED	Aimee Canny at Aquabear Invitational Meet
	50	Fly	29.22	4-Oct-18	KNYD- ED	Aimee Canny at Aquabear Invitational Meet
	100	Fly	1:06.24	4-Oct-18	KNYD- ED	Aimee Canny at Aquabear Invitational Meet
	200	Fly	2:32.21	1-Oct-26	FISH- EDD	ISABEAU L. COETSEE at 45 th Freda Barnard Invitational Gala
	200	IM	2:26.40	4-Oct-18	KNYD- ED	Aimee Canny at Aquabear Invitational Meet
	400	IM	5:27.30	25-Apr-25	ROA- EDD	Arabelle Grütter at SA National Junior Age Group Champs-WCA 2025
15-15	50	Free	25.29	20-Aug-19	KNYD- ED	Aimee Canny at 7TH FINA World Junior Swimming Champs-HUN
	100	Free	54.87	20-Aug-19	KNYD- ED	Aimee Canny at 7TH FINA World Junior Swimming Champs-HUN
	200	Free	2:01.63	26-Sept-19	KNYD- ED	Aimee Canny at Aquabear Invitational Meet 2019
	400	Free	4:27.16	26-Sept-19	KNYD- ED	Aimee Canny at Aquabear Invitational Meet 2019
	800	Free	9:44.90	14-Sept-19	ROA- ED	HANNAH Murray at 2nd A League
	1500	Free	18:58.26	9-Feb-19	ROA- ED	HANNAH Murray at EDEN 6th A-League Gala 2019
	50	Back	30.88	30-Sept-16	FISH- ED	HANNAH KIELY at Aquabear Invitational Meet
	100	Back	1:07.20	30-Sept-16	FISH- ED	HANNAH KIELY at Aquabear Invitational Meet
	200	Back	2:25.01	7-Mar-21	ROA- ED	Tammy Greenwood at Winelands Summer League Gala
	50	Breast	33.33	20-Mar-19	KNYD- ED	Aimee Canny at SA National JNR Age Group Champs 2019-KZN
	100	Breast	1:16.94	30-Sept-16	FISH- ED	HANNAH KIELY at Aquabear Invitational Meet
	200	Breast	2:43.50	20-Mar-19	KNYD- ED	Aimee Canny at SA National JNR Age Group Champs 2019-KZN
	50	Fly	28.27	26-Sept-19	KNYD- ED	Aimee Canny at Aquabear Invitational Meet 2019
	100	Fly	1:09.01	4-Dec-25	ROA- EDD	Arabelle Grütter at Western Cape LC-A Championship 2025
	200	Fly	2:35.63	4-Dec-25	ROA- EDD	Arabelle Grütter at Western Cape LC-A Championship 2025
	200	IM	2:19.34	26-Sept-19	KNYD- ED	Aimee Canny at Aquabear Invitational Meet 2019
	400	IM	5:30.67	4-Dec-25	ROA- EDD	Arabelle Grütter at Western Cape LC-A Championship 2025
16-16	50	Free	25.63	31-Jan-20	KNYD- ED	Aimee Canny at 2020 Grand Prix Invitational Swimming Meet-CT
	100	Free	55.67	1-Dec-19	KNYD- ED	Aimee Canny at Western Cape Summer Championships 2019
	200	Free	2:00.49	21-Feb-20	FISH- ED	Aimee Canny at 2019 Grand Prix Invitational Swimming Meet-KZ
	400	Free	4:31.10	1-Dec-19	KNYD- ED	Aimee Canny at Western Cape Summer Championships 2019
	800	Free	9:41.14	13-Mar-14	KNYS- SW	EMMA J. KIELY at SA Level 3 National Age Group Champs 2014-CT
	1500	Free	18:56.33	21-Nov-20	ROA- ED	Hannah Murray at EDEN 2nd A-League Gala 2020
	50	Back	30.76	10-Feb-24	FISH- EDD	MELISSA KUUN at WCA-B Champs - 2024
	100	Back	1:06.80	24-Feb-17	FISH- ED	HANNAH KIELY at 2017 Grand Prix Invitational Swimming Meet-CT
	200	Back	2:26.31	13-Mar-14	KNYS- SW	EMMA J. KIELY at SA Level 3 National Age Group Champs 2014-CT
	50	Breast	35.05	24-Feb-17	FISH- ED	HANNAH KIELY at 2017 Grand Prix Invitational Swimming Meet-CT
	100	Breast	1:16.80	24-Feb-17	FISH- ED	HANNAH KIELY at 2017 Grand Prix Invitational Swimming Meet-CT
	200	Breast	2:49.78	2-Dec-16	FISH- ED	HANNAH KIELY at NMBA Championships 2016
	50	Fly	28.49	1-Dec-19	KNYD- ED	Aimee Canny at Western Cape Summer Championships 2019
	100	Fly	1:07.28	5-Dec-24	FISH- EDD	Veneske Steenkamp at Western Cape LC-A Championship 2024
	200	Fly	2:30.51	5-Dec-24	FISH- EDD	Veneske Steenkamp at Western Cape LC-A Championship 2024
	200	IM	2:23.12	1-Dec-19	KNYD- ED	Aimee Canny at Western Cape Summer Championships 2019
	400	IM	5:32.03	21-Nov-20	ROA- ED	Hannah Murray at EDEN 2nd A-League Gala 2020
17 & 0	50	Free	25.55	24-Jun-23	KNYA- ED	Aimee Canny at PEA Winter Gala 2023
	100	Free	54.65	8-Apr-24	KNYA- ED	Aimee Canny at SA National Aquatic Champ 2024-PE
	200	Free	1:57.39	8-Apr-24	KNYA- ED	Aimee Canny at SA National Aquatic Champ 2024-PE
	400	Free	4:17.69	24-Jun-23	KNYA- ED	Aimee Canny at PEA Winter Gala 2023

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17 & 0	800	Free	9:37.46	25-Oct-14	ROA- SW	EMMA Kiely at 3rd A-League Gala 2014
	1500	Free	18:50.80	22-Nov-14	ROA- SW	EMMA Kiely at 3rd SWD A-League Gala
	50	Back	30.79	25-Jun-22	KNYA- ED	Kelsea Munro at PEA Winter Gala 2022
	100	Back	1:05.01	29-Jun-22	KNYA- ED	Kelsea Munro at Cape Coastal GP 2
	200	Back	2:27.14	25-Oct-14	ROA- SW	EMMA Kiely at 3rd A-League Gala 2014
	50	Breast	32.58	24-Jun-23	KNYA- ED	Aimee Canny at PEA Winter Gala 2023
	100	Breast	1:08.02	31-May-24	KNYA- EDD	Aimee Canny at PV NCAP Elite Qualifier
	200	Breast	2:48.16	24-Jun-23	ROA- ED	Hannah Murray at PEA Winter Gala 2023
	50	Fly	28.13	6-Apr-22	KNYA- ED	Aimee Canny at SA National Aquatic SNR-JNR Champ 2022-PE
	100	Fly	1:07.02	9-Apr-25	FISH- EDD	MELISSA KUUN at SA National Aquatic Champ 2025-PE
	200	Fly	2:25.41	25-Apr-25	FISH- EDD	Veneske Steenkamp at SA National Junior Age Group Champs-WCA 2025
	200	IM	2:11.62	31-May-24	KNYA- EDD	Aimee Canny at PV NCAP Elite Qualifier
	400	IM	5:25.26	24-Jun-23	ROA- ED	Hannah Murray at PEA Winter Gala 2023

RECORDS Eden LC Records

LC Meters-Men

8 & U	50	Free	35.25	1-Apr-11	FLIP- SW	EUGENE VAN DER MERWE at Telkom SA Level 1 Regional Champs 2011- BC
	100	Free	1:20.67	21-Nov-20	ROJ- ED	Kyle Hahn at EDEN 2nd A-League Gala 2020
	200	Free	3:01.86	17-Aug-24	ROA- ED	Connor M. Simpson at Madibaz Swim Meet 2024
	400	Free	6:35.46	15-Jun-24	ROA- ED	Connor M. Simpson at PEA Winter Gala 2024
	800	Free	14:00.53	16-Jan-12	FLIP- SW	Jurie Geldenhuys at Club Championships 2012
	1500	Free	29:24.31	16-Nov-13	KNYS- SW	ALEX LEIAR at SWD 3RD A LEAGUE GALA
	50	Back	42.14	31-Oct-15	KNYD- ED	Sebastian Swart at EDEN 2nd A-League Gala
	100	Back	1:31.69	17-Aug-24	ROA- ED	Connor M. Simpson at Madibaz Swim Meet 2024
	200	Back	3:09.14	17-Aug-24	ROA- ED	Connor M. Simpson at Madibaz Swim Meet 2024
	50	Breast	49.84	17-Jan-15	FISH- SW	CHARL HOFMEISTER at Inter-Provincial Gala 2015
	100	Breast	1:49.87	29-Nov-14	ROA- SW	LUCA Potgieter at SWDA LC Championships
	200	Breast	4:01.84	22-Nov-25	FISH- EDD	STIAN TERBLANCHE at Eden LC Champs 2025
	50	Fly	37.24	1-Apr-11	FLIP- SW	EUGENE VAN DER MERWE at Telkom SA Level 1 Regional Champs 2011- BC
	100	Fly	1:59.17	28-Sept-12	KNYS- SW	NATHAN POTGIETER at Aquabear Invitational Meet
	200	Fly	4:15.19	16-Nov-13	KNYS- SW	ALEX LEIAR at SWD 3RD A LEAGUE GALA
	200	IM	3:24.49	29-Nov-14	ROA- SW	LUCA Potgieter at SWDA LC Championships
	400	IM	10:00.00	30-Apr-06		Dummy
9-9	50	Free	32.31	1-Apr-16	ROA- ED	LUCA Potgieter at SA Level 1 Regional Age Group Champs 2016-CT
	100	Free	1:13.22	1-Apr-16	ROA- ED	LUCA Potgieter at SA Level 1 Regional Age Group Champs 2016-CT
	200	Free	2:46.13	12-Feb-22	ROA- ED	Kyle Hahn at EDEN 5th A-League Gala 2022
	400	Free	5:46.58	12-Feb-22	ROA- ED	Kyle Hahn at EDEN 5th A-League Gala 2022
	800	Free	12:50.16	20-Feb-21	ROJ- ED	Kyle Hahn at EDEN 3rd A-League Gala 2021
	1500	Free	24:10.11	20-Feb-21	ROJ- ED	Kyle Hahn at EDEN 3rd A-League Gala 2021
	50	Back	38.50	21-Jan-12	SWD- SW	EUGENE VD MERWE at Inter Provincial Gala
	100	Back	1:25.65	9-Jan-16	EDE- ED	LUCA Potgieter at BCA Inter Provincial Gala 2016
	200	Back	3:01.70	12-Nov-21	ROA- ED	Kyle Hahn at PEA Winter Gala Take 2
	50	Breast	43.39	28-Nov-15	ROA- ED	LUCA Potgieter at Eden LC Champs
	100	Breast	1:35.91	28-Nov-15	ROA- ED	LUCA Potgieter at Eden LC Champs
	200	Breast	3:38.66	12-Nov-21	ROA- ED	Kyle Hahn at PEA Winter Gala Take 2
	50	Fly	35.86	30-Mar-12	FLIP- SW	EUGENE VD MERWE at SA Level 1 Regional Age Group Champs 2012-BO
	100	Fly	1:27.72	30-Mar-12	FLIP- SW	EUGENE VD MERWE at SA Level 1 Regional Age Group Champs 2012-BO
	200	Fly	10:00.00	30-Apr-06		Dummy
	200	IM	3:06.55	12-Nov-21	ROA- ED	Kyle Hahn at PEA Winter Gala Take 2
	400	IM	8:20.19	24-Nov-12	KNYS- SW	THOMAS C. FERGUSON at 3rd SWD A-League Gala
10-10	50	Free	31.34	9-Dec-22	ROA- ED	Kyle Hahn at Western Cape LC-A Championship 2022
	100	Free	1:09.66	23-Mar-17	ROA- ED	LUCA Potgieter at SA Level 2 Regional Age Group Champs 2017-PE
	200	Free	2:29.15	23-Mar-17	ROA- ED	LUCA Potgieter at SA Level 2 Regional Age Group Champs 2017-PE
	400	Free	5:26.58	9-Dec-22	ROA- ED	Kyle Hahn at Western Cape LC-A Championship 2022
	800	Free	11:48.99	15-Jun-24	ROA- ED	Daniël Van Wyngaard at PEA Winter Gala 2024
	1500	Free	23:16.69	20-Feb-21	ROA- ED	Llewelyn Viljoen at EDEN 3rd A-League Gala 2021
	50	Back	37.30	7-Oct-22	ROA- ED	Kyle Hahn at 41st Freda Barnard Invitational Gala
	100	Back	1:21.71	27-Mar-21	ROA- ED	Max Nel at SSA LEVEL 2 CHAMPS 2021 - CTA
	200	Back	2:54.27	23-Mar-17	ROA- ED	LUCA Potgieter at SA Level 2 Regional Age Group Champs 2017-PE
	50	Breast	41.35	7-Apr-18	ROA- ED	Matthew Seabrook at SA Level 2 Regional Age Group Champs 2018-OUT
	100	Breast	1:30.46	7-Apr-18	ROA- ED	Matthew Seabrook at SA Level 2 Regional Age Group Champs 2018-OUT
	200	Breast	3:16.33	7-Apr-18	ROA- ED	Matthew Seabrook at SA Level 2 Regional Age Group Champs 2018-OUT
	50	Fly	34.89	9-Dec-22	FISH- ED	CALEB COATES at Western Cape LC-A Championship 2022
	100	Fly	1:18.93	5-Apr-13	FISH- SW	EUGENE VD MERWE at SA Level 1 Regional Age Group Champs 2013-SWD
	200	Fly	20:00.00	30-Apr-06		Dummy
	200	IM	2:52.03	9-Dec-22	ROA- ED	Kyle Hahn at Western Cape LC-A Championship 2022
	400	IM	6:22.83	12-Nov-21	KNYA- ED	Llewelyn Viljoen at PEA Winter Gala Take 2

RECORDS Eden LC Records

11-11	50	Free	30.02	7-Dec-21	ROA- ED	AJ Fernold at Western Cape LC-A Championship 2021
	100	Free	1:06.28	13-Jan-18	EDA	Luca Potgieter at NMBA Inter-Provincial Gala 2018
	200	Free	2:25.43	14-Dec-23	ROA- ED	Kyle H. Hahn at Western Cape LC-A Championship 2023
	400	Free	5:00.11	29-Nov-19	ROA- ED	Kodi Minnie at NMBA Championships 2019
	800	Free	10:38.47	13-Jan-23	KNYA- ED	Llewelyn Viljoen at Eastern Cape Aquatics LC Champs 2023
	1500	Free	20:37.93	9-Dec-22	KNYA- ED	Llewelyn Viljoen at Western Cape LC-A Championship 2022
	50	Back	34.07	14-Dec-23	ROA- ED	Kyle H. Hahn at Western Cape LC-A Championship 2023
	100	Back	1:13.18	14-Dec-23	ROA- ED	Kyle H. Hahn at Western Cape LC-A Championship 2023
	200	Back	2:38.45	12-Aug-23	ROA- ED	Kyle Hahn at Madibaz Swim Meet 2023
	50	Breast	38.74	28-Mar-19	ROA- ED	Matthew Seabrook at SA Level 3 Regional Age Group Champs 2019-WC
	100	Breast	1:22.87	28-Mar-19	ROA- ED	Matthew Seabrook at SA Level 3 Regional Age Group Champs 2019-WC
	200	Breast	3:02.29	22-Feb-19	ROA- ED	Matthew Seabrook at 2019 Grand Prix Invitational Swimming Meet-CT
	50	Fly	32.78	31-Mar-23	KNYA- ED	KEANU A. BOSHOF at SA Level 3 Regional Age Group Champs 2023-WC
	100	Fly	1:15.13	31-Mar-23	KNYA- ED	KEANU A. BOSHOF at SA Level 3 Regional Age Group Champs 2023-WC
	200	Fly	3:14.44	5-Nov-22	KNYA- ED	Llewelyn Viljoen at EDEN 3rd A-League Gala 2022
	200	IM	2:42.86	14-Dec-23	ROA- ED	Kyle H. Hahn at Western Cape LC-A Championship 2023
	400	IM	6:08.19	16-Nov-19	ROA- ED	Luke Scott at EDEN 3rd A-League Gala 2019
12-12	50	Free	27.45	18-Nov-02	ROA- ED	DIRCO NIENABER at SA Schools Swimming Championship
	100	Free	1:01.33	6-Apr-22	FISH- ED	LIAM N. STEPHENSON at SA National Aquatic SNR-JNR Champ 2022-PE
	200	Free	2:14.84	6-Apr-22	FISH- ED	LIAM N. STEPHENSON at SA National Aquatic SNR-JNR Champ 2022-PE
	400	Free	4:44.72	6-Apr-22	FISH- ED	LIAM N. STEPHENSON at SA National Aquatic SNR-JNR Champ 2022-PE
	800	Free	10:01.51	30-Oct-20	ROA- ED	Kodi Minnie at 39th Freda Barnard Invitational Gala
	1500	Free	19:44.13	21-Nov-20	ROA- ED	Luke J. Scott at EDEN 2nd A-League Gala 2020
	50	Back	31.75	4-Mar-08	FISH- SW	LIAM FOURIE at Telkom SA National Level 3 Championship 2008
	100	Back	1:08.61	4-Mar-08	FISH- SW	LIAM FOURIE at Telkom SA National Level 3 Championship 2008
	200	Back	2:29.89	21-Mar-23	ROA- ED	Max Nel at SA National Junior Age Group Champs-KZN 2023
	50	Breast	34.36	5-Oct-19	FISH- ED	RENIER VAN GREUNEN at EDEN District School Trials 2019
	100	Breast	1:17.27	12-Jan-19	EDA- SW	STEFAN STEYN at Inter Provincial Gala 2019
	200	Breast	2:45.63	5-Dec-24	FISH- EDD	Kyle H. Hahn at Western Cape LC-A Championship 2024
	50	Fly	29.86	12-Mar-15	FISH- SW	EUGENE VD MERWE at SA Level 3 National Age Group Champs 2015-PE
	100	Fly	1:08.56	12-Mar-15	FISH- SW	EUGENE VD MERWE at SA Level 3 National Age Group Champs 2015-PE
	200	Fly	2:36.44	4-Oct-25	KNYA- EDD	MICKAYLE C. BOSHOF at EDEN 1st A-League Gala 2025
	200	IM	2:31.23	5-Dec-24	FISH- EDD	Kyle H. Hahn at Western Cape LC-A Championship 2024
	400	IM	5:34.55	30-Oct-20	ROA- ED	Kodi Minnie at 39th Freda Barnard Invitational Gala
13-13	50	Free	26.30	21-Mar-23	FISH- ED	LIAM N. STEPHENSON at SA National Junior Age Group Champs-KZN 2023
	100	Free	57.50	21-Mar-23	FISH- ED	LIAM N. STEPHENSON at SA National Junior Age Group Champs-KZN 2023
	200	Free	2:07.07	7-Dec-21	ROA- ED	Kodi Minnie at Western Cape LC-A Championship 2021
	400	Free	4:35.30	26-Sept-19	ROA- ED	STEFAN STEYN at Aquabear Invitational Meet 2019
	800	Free	9:34.32	1-Nov-19	ROA- ED	STEFAN STEYN at 38th Freda Barnard Invitational Gala original
	1500	Free	18:06.06	9-Nov-19	ROA- ED	STEFAN STEYN at 4th A League
	50	Back	30.07	21-Mar-18	FISH- ED	LUARD ELSTADT at SA National JNR Age Group Champs 2018-KZN
	100	Back	1:05.58	6-Mar-09	FISH- SW	LIAM FOURIE at SA High Schools
	200	Back	2:23.51	4-Dec-25	WAC- EDD	Kyle H. Hahn at Western Cape LC-A Championship 2025
	50	Breast	31.92	21-Mar-18	FISH- ED	LUARD ELSTADT at SA National JNR Age Group Champs 2018-KZN
	100	Breast	1:10.61	21-Mar-18	FISH- ED	LUARD ELSTADT at SA National JNR Age Group Champs 2018-KZN
	200	Breast	2:35.79	26-Sept-19	ROA- ED	STEFAN STEYN at Aquabear Invitational Meet 2019
	50	Fly	28.08	21-Mar-18	FISH- ED	LUARD ELSTADT at SA National JNR Age Group Champs 2018-KZN
	100	Fly	1:04.62	20-Mar-19	ROA- ED	Robert Hendricks at SA National JNR Age Group Champs 2019-KZN
	200	Fly	2:30.95	22-Nov-25	KNYA- EDD	MICKAYLE C. BOSHOF at Eden LC Champs 2025
	200	IM	2:23.75	4-Dec-25	WAC- EDD	Kyle H. Hahn at Western Cape LC-A Championship 2025
	400	IM	5:07.47	26-Sept-19	ROA- ED	STEFAN STEYN at Aquabear Invitational Meet 2019
14-14	50	Free	25.24	9-Dec-22	KNYA- ED	LUUK E. PRETORIUS at Western Cape LC-A Championship 2022
	100	Free	55.08	15-Mar-24	FISH- ED	LIAM N. STEPHENSON at SA National Junior Age Group Champs-KZN 2024

RECORDS Eden LC Records

14-14	200	Free	2:03.22	15-Mar-24	FISH- ED	LIAM N. STEPHENSON at SA National Junior Age Group Champs-KZN 2024
	400	Free	4:26.12	15-Mar-24	FISH- ED	LIAM N. STEPHENSON at SA National Junior Age Group Champs-KZN 2024
	800	Free	9:17.38	6-Apr-22	ROA- ED	Kodi Minnie at SA National Aquatic SNR-JNR Champ 2022-PE
	1500	Free	17:33.43	31-Jan-20	ROA- ED	STEFAN STEYN at 2020 Grand Prix Invitational Swimming Meet-CT
	50	Back	29.38	5-Dec-24	FISH- EDD	AJ Fernold at Western Cape LC-A Championship 2024
	100	Back	1:03.75	15-Mar-13	FISH- SW	REINARD D. HAUPT at SA Level 3 National Age Group Champs 2013-KZN
	200	Back	2:16.16	15-Mar-13	FISH- SW	REINARD D. HAUPT at SA Level 3 National Age Group Champs 2013-KZN
	50	Breast	30.97	14-Apr-21	FISH- ED	RENIER VAN GREUNEN at Western Cape SANJ and Senior Nationals 2021
	100	Breast	1:09.85	14-Apr-21	FISH- ED	RENIER VAN GREUNEN at Western Cape SANJ and Senior Nationals 2021
	200	Breast	2:40.85	31-Jan-20	ROA- ED	STEFAN STEYN at 2020 Grand Prix Invitational Swimming Meet-CT
	50	Fly	27.28	17-Mar-17	FISH- ED	EUGENE VD MERWE at SA National JNR Age Group Champs 2017-KZN
	100	Fly	1:01.73	17-Mar-17	FISH- ED	EUGENE VD MERWE at SA National JNR Age Group Champs 2017-KZN
	200	Fly	2:20.63	2-Nov-18	KNYD- ED	Thomas Ferguson at 37th Freda Barnard Gala Invitational Gala
	200	IM	2:18.46	6-Apr-22	ROA- ED	Matthew C. Seabrook at SA National Aquatic SNR-JNR Champ 2022-PE
	400	IM	5:00.54	6-Apr-22	ROA- ED	Matthew C. Seabrook at SA National Aquatic SNR-JNR Champ 2022-PE
15-15	50	Free	23.75	25-Apr-25	FISH- EDD	CARLO BEZUIDENHOUT at SA National Junior Age Group Champs-WCA 202
	100	Free	53.75	25-Apr-25	FISH- EDD	CARLO BEZUIDENHOUT at SA National Junior Age Group Champs-WCA 202
	200	Free	1:57.96	14-Apr-21	KNYA- ED	STEFAN A. STEYN at Western Cape SANJ and Senior Nationals 2021
	400	Free	4:13.87	12-Nov-21	KNYA- ED	STEFAN A. STEYN at PEA Winter Gala Take 2
	800	Free	8:56.08	14-Apr-21	KNYA- ED	STEFAN A. STEYN at Western Cape SANJ and Senior Nationals 2021
	1500	Free	17:01.54	14-Apr-21	KNYA- ED	STEFAN A. STEYN at Western Cape SANJ and Senior Nationals 2021
	50	Back	28.53	14-Dec-23	KNYA- ED	LUUK E. PRETORIUS at Western Cape LC-A Championship 2023
	100	Back	1:01.69	18-Mar-11	FISH- SW	LIAM FOURIE at Telkom SA Level 3 National Champs Durban 2011
	200	Back	2:11.93	18-Mar-11	FISH- SW	LIAM FOURIE at Telkom SA Level 3 National Champs Durban 2011
	50	Breast	29.95	6-Apr-22	FISH- ED	RENIER VAN GREUNEN at SA National Aquatic SNR-JNR Champ 2022-PE
	100	Breast	1:07.66	6-Apr-22	FISH- ED	RENIER VAN GREUNEN at SA National Aquatic SNR-JNR Champ 2022-PE
	200	Breast	2:40.00	14-Apr-21	KNYA- ED	STEFAN A. STEYN at Western Cape SANJ and Senior Nationals 2021
	50	Fly	26.57	31-Jan-25	FISH- EDD	CARLO BEZUIDENHOUT at Infinity Gala 2025
	100	Fly	1:00.01	26-Sept-19	KNYD- ED	Thomas Ferguson at Aquabear Invitational Meet 2019
	200	Fly	2:19.47	22-Feb-19	KNYD- ED	Thomas Ferguson at 2019 Grand Prix Invitational Swimming Meet-CT
	200	IM	2:17.49	18-Mar-11	FISH- SW	LIAM FOURIE at Telkom SA Level 3 National Champs Durban 2011
	400	IM	4:56.40	12-Nov-21	KNYA- ED	STEFAN A. STEYN at PEA Winter Gala Take 2
16-16	50	Free	23.86	4-Dec-25	FISH- EDD	CARLO BEZUIDENHOUT at Western Cape LC-A Championship 2025
	100	Free	53.29	9-Oct-25	FISH- EDD	CARLO BEZUIDENHOUT at 44th Freda Barnard Invitational Gala
	200	Free	1:55.94	6-Apr-22	KNYA- ED	STEFAN A. STEYN at SA National Aquatic SNR-JNR Champ 2022-PE
	400	Free	4:10.67	6-Apr-22	KNYA- ED	STEFAN A. STEYN at SA National Aquatic SNR-JNR Champ 2022-PE
	800	Free	8:49.74	6-Apr-22	KNYA- ED	STEFAN A. STEYN at SA National Aquatic SNR-JNR Champ 2022-PE
	1500	Free	17:39.54	25-Jun-22	ROA- ED	JAN-HENDRIK P. VAN ROOYEN at PEA Winter Gala 2022
	50	Back	27.81	5-Dec-24	KNYA- EDD	LUUK E. PRETORIUS at Western Cape LC-A Championship 2024
	100	Back	59.52	13-Jan-12	FISH- SW	LIAM FOURIE at EP 5th A League Gala
	200	Back	2:10.63	2-Dec-11	FISH- SW	LIAM FOURIE at EP Championships 2011
	50	Breast	29.49	21-Mar-23	FISH- ED	RENIER VAN GREUNEN at SA National Junior Age Group Champs-KZN 2023
	100	Breast	1:08.14	21-Mar-23	FISH- ED	RENIER VAN GREUNEN at SA National Junior Age Group Champs-KZN 2023
	200	Breast	2:33.86	9-Dec-22	KNYA- ED	STEFAN A. STEYN at Western Cape LC-A Championship 2022
	50	Fly	25.70	4-Dec-25	FISH- EDD	CARLO BEZUIDENHOUT at Western Cape LC-A Championship 2025
	100	Fly	57.47	6-Apr-22	ROA- ED	Robert A. Hendricks at SA National Aquatic SNR-JNR Champ 2022-PE
	200	Fly	2:10.69	6-Apr-22	ROA- ED	Robert A. Hendricks at SA National Aquatic SNR-JNR Champ 2022-PE
	200	IM	2:14.82	2-Dec-11	FISH- SW	LIAM FOURIE at EP Championships 2011
	400	IM	4:50.97	13-Jan-12	FISH- SW	LIAM FOURIE at EP 5th A League Gala
17 & 0	50	Free	23.87	1-Oct-26	FISH- EDD	CARLO BEZUIDENHOUT at 45 th Freda Barnard Invitational Gala
	100	Free	52.80	8-Apr-24	KNYA- ED	STEFAN A. STEYN at SA National Aquatic Champ 2024-PE
	200	Free	1:52.86	9-Apr-25	KNYA- EDD	STEFAN A. STEYN at SA National Aquatic Champ 2025-PE
	400	Free	4:07.44	28-Feb-25	KNYA- EDD	STEFAN A. STEYN at 2025 Grand Prix 2 Invitational Meet -NMBA

RECORDS Eden LC Records

17 & O	800	Free	9:00.77	1-Feb-13	FISH- SW	LIAM FOURIE at EP 6th A League Gala
	1500	Free	16:27.89	9-Apr-25	KNYA- EDD	STEFAN A. STEYN at SA National Aquatic Champ 2025-PE
	50	Back	27.20	7-Apr-14	SWD- SW	LIAM FOURIE at Sa National Aquatic Championship 2014 Durban
	100	Back	57.14	7-Apr-14	SWD- SW	LIAM FOURIE at Sa National Aquatic Championship 2014 Durban
	200	Back	2:05.52	7-Apr-14	SWD- SW	LIAM FOURIE at Sa National Aquatic Championship 2014 Durban
	50	Breast	29.90	17-Oct-24	FISH- ED	RENIER VAN GREUNEN at 43rd Freda Barnard Invitational Gala
	100	Breast	1:06.52	17-Oct-24	FISH- ED	RENIER VAN GREUNEN at 43rd Freda Barnard Invitational Gala
	200	Breast	2:31.25	16-Apr-12	SWD- SW	LIAM FOURIE at Sa National Aquatic Championship 2012 Durban
	50	Fly	25.23	4-Sept-23	ROA- ED	Robert A. Hendricks at 9th JUNIOR WORLD SWIMMING CHAMPS ISRAEL-23
	100	Fly	56.18	21-Apr-23	ROA- ED	Robert A. Hendricks at SA Schools Swimming Championship 2023
	200	Fly	2:06.20	4-Sept-23	ROA- ED	Robert A. Hendricks at 9th JUNIOR WORLD SWIMMING CHAMPS ISRAEL-23
	200	IM	2:11.21	7-Apr-14	SWD- SW	LIAM FOURIE at Sa National Aquatic Championship 2014 Durban
	400	IM	4:40.98	15-Mar-13	FISH- SW	LIAM FOURIE at SA Level 3 National Age Group Champs 2013-KZN